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Glycans in nanomedicine, impact and perspectives

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Glycans have been selected by nature for both structural and 'recognition' purposes. Taking inspiration from nature, nanomedicine exploits glycans not only as structural constituents of nanoparticles and nanos-tructured biomaterials but also as selective interactors of such glyco-nanotools. Surface glycosylation of nanoparticles finds application in targeting specific cells, whereas recent findings give evidence that the glycan content of cell microenvironment is able to induce the cell fate. This review will highlight the role of glycans in nanomedicine, schematizing the different uses and roles in drug-delivery systems and in biomaterials for regenerative medicine.



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Nanomedicine is divided into two main branches, nanoparticles and nanostructured materials, developed for biomedical applications. Nanoparticles are exploited for drug delivery and diagnosis, taking advantage of their peculiar kinetic behavior in the body, and the capacity to load drugs or diagnostics. In other words, nanoparticles find attractive applications in biomedicine for their 'dynamism' that makes them as 'magic bullets' to reach a biological target (Figure 1A). Nanostructured materials, on the contrary, are bulky and static, the term 'nano' refers to their structural organization that is nanometric (Figure 1B).

Nanostructured materials are generated to mimic tissues, bones and even organs, and the main application is therefore in regenerative medicine, the term biomaterial is generally used. Biomaterials find application also for homing cells and inducing cell fates.

In both nanoparticles and biomaterials, biocompatibility is the first requirement. Materials with poor biocompatibility will be cleared very soon by the immune system. Some 'well accepted' biocompatible materials, however, can interact with the immune system stimulating undesired immunomodulatory effects (immunosuppression or immunomodulation) after repeated administration (such as PEGylated nanoparticles).

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Figure 1. Nanomedicine tools. (A) Nanoparticles for drug-delivery and diagnosis and (B) nanostructured biomaterials for cell culture and tissue engineering.

Nanoparticles for drug delivery require materials able to assemble in nanometric entities (usually 50–200 nm), to load drugs and release them at the pathological site. Molecular interactions, mainly hydrophobic, are exploited in this process. Liposomes are the most significant example and the first nanoparticles generated for drug delivery in the 1970s [1–3] and the first nanodrug approved by the US FDA in 1995, Doxyl[®], is a formulation of liposomes incorporating the antitumor agent doxorubicin. Changes of pH or other chemophysical stimuli at the pathological site will cause the nanoparticle collapse and the release of the drug [4]. For diagnostic purposes, the collapse of the nanoparticle is not needed, and therefore their structure can be stable. Magnetic nanoparticles [5] or gold nanoparticles [6] are some examples of diagnostic nanoparticles, taking advantage of their magnetic or photonic behavior.

Nanostructured biomaterials have different requirements depending on their final applications. They must be rigid and stable in bone implants, or soft and biodegradable as temporary matrices for tissue regeneration.

Nature is an invaluable font of inspiration; natural materials are mainly composed of carbohydrates and proteins. Therefore, scientists largely explored the possibility to use polysaccharides and polypeptides to generate both nanoparticles and biomaterials. This review will concentrate mainly on the role and perspective of glycans in nanomedicine, therefore, we will treat proteins only marginally.

Glycan-based nanoparticles

Chitin from shellfish is an example of material with robust structure; alginates from algae are examples of elastic solid natural hydrogels; hyaluronic acid (HA), found in connective tissues, is an example of viscous, highly hydrophilic material.

Combination of polysaccharides with opposite charges (anionic and cationic) allows you to generate nanoparticles via polyelectrolyte complexation [7]. Examples of charged polysaccharides forming nanoparticles by intermolecular electrostatic interaction (Figure 2) are: chitosan, obtained from chitin deacetylation; heparin, the anticoagulant polysaccharide isolated from slathered meat animals such as porcine intestines or bovine lungs; HA, articular cartilage component widely used in cosmetics; chondroitin sulfate (CS), natural component of proteoglycans, extracted for example from cartilaginous cow and pig tissues; pectin, a natural polysaccharide isolated from vegetables and fruits used also in food industry; alginate, widely distributed in the cell wall of brown seaweeds from which is isolated.

Charged polysaccharides can be obtained by derivatization of some hydroxyl groups of a neutral polysaccharide with a negatively charged functional group, such as a sulfate, or a positively charged molecular entity, such as a quaternary ammonium salt. For this purpose, different α -D-glucoside polymers have been exploited by taking



Figure 2. Structure of charged polysaccharides.

advantage of their biocompatibility and biodegradability. Starch is not really suitable for this purpose, it must be significantly modified to provide it the required consistency [8,9]. Dextran, a branched α -D-glucoside polymer obtained by microbial fermentation of sucrose, has been sulfated in order to obtain an anionic glycopolymer, and attached to spermine, generating a cationic polysaccharide. Pullulan, a polysaccharide of fungal origin composed by α -1,6-linked maltotriose units (α -1,6-Glc- α -1,4-Glc- α -1,4-Glc- α -1,6-) has been also sulfated and aminated [10].

The interaction between the positively charged $[-NH_3^+ \text{ or } -NR_3^+]$ and the negatively charged $[-COO^- \text{ or } -OSO_3^-]$ polysaccharides favors the aggregation that can be strengthened by proper cross-linking, in order to provide the required nanoparticle stability. In Table 1, some of charged polysaccharides (natural and semisynthetic) employed in the generation of nanoparticles.

Chitosan, obtained by deacetylation of chitin, is one of the most widely used and commercially available positively charged polysaccharides. The deacetylation is often incomplete and it changes from batch to batch. The amino groups provide cationic character once protonated, therefore, the combination of chitosan with other polymers containing carboxylates or sulfates, results in the formation of salts in which the Coulombian forces generate aggregates.

Chitosan–HA nanoparticles have been widely synthesized and tested for treatment of many pathologies such as cancer [28], asthma [29], osteoarthritis [30], and for ocular therapy [31].

Table 1. Examples of polysaccharides used to generate nanoparticles for biomedical applications.					
Polysaccharide	Anionic/cationic	Natural/semisynthetic	Ref.		
Chitosan	+	Semisynthetic	[11–13]		
Alginate	-	Natural	[14]		
Hyaluronic acid	-	Natural	[15]		
Heparin	-	Natural	[16]		
Chondroitin sulfate	-	Natural	[17,18]		
Pectin	-	Natural	[19–21]		
Dextran-spermine	+	Semisynthetic	[22–24]		
Dextran sulfate	-	Semisynthetic	[10,25]		
Pullulan sulfate	-	Semisynthetic	[10]		
Aminated pullulan	+	Semisynthetic	[10]		
Pullulan-betaine	+	Semisynthetic	[10,26,27]		

Chitosan–dextran sulfate nanoparticles are another example of nanocarriers generated by assembling positively and negatively charged polysaccharides. They have been proposed for delivery of antiangiogenetic peptides [32], in bones regeneration [33], for ocular delivery [34].

Chitosan-alginate nanoparticles are particularly effective for the delivery of insulin [35], antisense oligonucleotides [36], diclofenac [37].

Chitosan-heparin nanoparticles, prepared by polyelectrolyte complexation [38], have been developed for stomach specific anti-*Helicobacter pylori* therapy [39,40], and to load antitumor agents such as paclitaxel [41].

Chitosan–CS nanoparticles have been exploited for controlled release of platelet lysates for bone regenerative medicine [42], and to release in a controlled way the antitumor drug doxorubicin [43].

Chitosan-pectin nanoparticles have been generated and characterized [44,45], but did not found any significant application in drug delivery.

Dextran, $[\rightarrow 6)$ - α -D-glucopyranosyl- $(1 \rightarrow 6)$ - α -D-glucopyranosyl- $(1 \rightarrow)$, has been functionalized with quaternary ammonium salts to generate cationic polysaccharides. The functionalization can be performed by partial periodate cleavage of the vicinal diols of the sugar, and subsequent reductive amination of the obtained aldehydes with spermine and NaBH₄ (Figure 3A). Dextran–spermine is an example of modified polysaccharide widely exploited to generate nanoparticles mainly utilized for gene transfection [23], but also to deliver doxorubicin in breast cancer cells [24]. Pullulan $[\rightarrow x)$ - α -D-glucopyranosyl- $(1 \rightarrow 4)$ - α -D-glucopyranosyl- $(1 \rightarrow 6)$ - α -D-glucopyranosyl- $(1 \rightarrow 3)$, where x may be either 4 or 6 for $(1 \rightarrow 4)$ linked segment, is another biocompatible and biodegradable polysaccharide suitable to generate nanoparticles. For this purpose, it has been sulfated, creating an anionic polymer or conjugated to a quaternary ammonium salt [10] (Figure 3B) or even with cholesterol [27].

The massiveness versus the capacity to collapse in specific environmental conditions (pH, temperature, redox) or with specific external stimuli, must be carefully balanced. This is possible not only dosing the hydrophobicity and the Coulombian interactions but also by proper cross-linking. Cross-linking strategies can exploit ionic interactions or covalent bonds. An example of cross-linking with ionic interactions is the methodology to generate chitosan nanoparticles with pentasodium triphosphate [46]. Covalent cross-linking, obviously much more stable, exploits bifunctional linkers able to conjugate different polymeric chains. Interestingly, there is the possibility to use bioresponsive linkers the chain of which can be cleaved in proper conditions; in this case, the collapse of the nanoparticle will be a consequence of this cleavage [47,48].

Glycan-coated nanoparticles

Nanoparticles for therapeutic and diagnostic purposes have been extensively decorated at the surface with glycans [49], in order to render them more biocompatible and to provide them with interactive properties. With these aims, glycan-coated nanoparticles have been exploited either to generate nanoparticles stealth to the immune system or to target specific carbohydrate-recognizing receptors.

Nanoparticles can induce immune response-activating phagocytic cells that will eliminate them from the circulation, or inducing immunostimulation which may promote inflammatory disorders, or even immunosuppression increasing the host's susceptibility to infections and cancer [50]. To avoid this phenomenon, they must be coated



Figure 3. Dextran-spermine modification to generate nanoparticles with delivery purpose.

with molecules that make them stealth to the immune system. The most used strategy for this purpose is to coat the nanoparticle with PEG chains, although extended treatment with PEGylated nanoparticles elicited anti-PEG IgM response in a T-cell independent manner [51]. Carbohydrates provide a stealth layer to nanoparticles without compromising their cellular uptake. A liposome formulation generated with monosialotetrahexosylgangloside GM1 as component, and therefore presenting glycans at the surface, exhibited a prolonged circulation time in blood avoiding spleen and liver uptake [52]. Dextran has shown significant efficacy to make the nanoparticles stealth. It was mainly used to coat iron oxide nanoparticles [53], widely studied for diagnostic imaging by MRI and for thermotherapy [54]. Dextran-coated gold nanoparticles have been studied as antibacterial agents [55] and as a doxorubicin-delivery system [56]. Dextran-coated gadolinium-phosphate nanoparticles have been also generated and tested for magnetic resonance tumor imaging [57]. It has been observed that Ag nanoparticles functionalized with galactose and mannose were significantly less toxic to neuronal-like cells and hepatocytes with respect to those coated with glucose. It has been also noticed that the toxicity was correlated to oxidative stress but not to cellular uptake. In perspective, there is a general belief that decoration of nanoparticles with not immunogenic glycans will provide stealth properties to the nanoparticles. On the other hand, glycans can interact with numerous receptors expressed by different cells of diverse tissues, with extracellular proteins and circulating antibodies.

Targeting with glycan-decorated nanoparticles

Glycans mediate a multitude of recognition phenomena that are responsible for a variety of physiologically and pathologically relevant biomolecular processes. Table 2 summarize some example of correlation between physiological and pathological events and specific glycans. The glycocode represents one of the most important and complex actors in the regulation and dysregulation of physiological state in biological systems. In particular, glycan diversity acts as dynamic regulator of pathological events and involves several mechanisms that cover a multitude of cell processes. Here, we will make just few examples of glycans involvement in pathological events.

Table 2. Selected examples of sugar epitopes and parent receptors.					
Glycan	Receptor	Target	Refs. of gly–NPs		
α-Man	C-type lectin	(Macrophages) immune response	[62–64]		
β-Gal	Gal	Liver, tumor	[65–67]		
α-Fuc	DC-SIGN	Immune system	[68]		
α-Glc	GLUT	Glioma	[69]		
Oligo- α-Man	Gp120	HIV-1	[70]		
Sialyl Lewis x Neu5acα2-3-Gal-β1-4GlcNAc Fucα1-3	CD62E, CD62P	Inflammation	[71]		
Neu5ac α 2-6Gal β 1-4GlcNAc	CD-22	B cells, autoimmune disorders and cancer	[72]		
Neu5acα2-3-Galβ1-4Glc–		Enterotoxigenic E. coli 13762	[69]		
TF tumor antigen Galβ 1– 3GalNAc-α-		Tumor vaccines	[73]		
Lewis x Gal-β1-4GlcNAc Fucα1-3	DC-SIGN	Antitumor immune response	[74]		
Lewis y Fucα1-2Gal-β1-4GlcNAc Fucα1-3	DC-SIGN	Antitumor immune response	[75]		
Lewis a Gal-β1-3GlcNAc Fucα1-4	DC-SIGN SIGN-R1	Antitumor immune response	[76]		
Lewis b Fucα1-2Gal-β1-3GlcNAc Fucα1-4	BadA	Helicobacter pylori	[74]		
H type Fucα1-2Gal-β1-3GlcNAc	DC-SIGN SIGN-R1	Antitumor immune response	[74]		
GLUT: Glucose transporter; NP: nanopa	article.				

Glycans, for example, are extensively investigated for their involvement in tumor progression. Today is well know that altered glycan structures (tumor-associated antigens) are strongly involved in dysregulated mechanisms that are at the basis of tumor development and progression [58]. Also other pathological conditions are mediated by altered glycan structures that interact with specific glycan-binding proteins on cell surface or in the extracellular space. For example, mannose receptors are abundant in macrophages and they are involved in host defense [59]. Galactose receptors are highly expressed on hepatocytes and liver macrophages, where they are specifically involved in mediation of endocytosis mechanism [60], and in many tumors overexpressing Gal-3 [61].

As listed in Table 2, some examples of signaling glycans can be simple monosaccharides, also if in the major part of cases the interaction with parental receptor can be governed by multivalency. Signaling events can involve also linear or branched oligosaccharides (Figure 4). Thanks to the diversity in their structure and conformation, in their glycan epitopes content and variation of glycosidic linkages, these oligosaccharides are more versatile in their interaction with different glycan-binding proteins that result in tuning of cell signaling.

Magnetic nanoparticles decorated with D-Glucose and D-Galactose were tested for their capacity to be internalized by Vero cells (monkey kidney epithelial cells). The results clearly indicate that both Glc- and Gal-decorated NPs were internalized, but with different cellular distribution and kinetics. In fact, Glc-decorated NPs enter throughout the cell into the cytoplasm after 15 min, whereas Gal–NPs remain predominantly on the cell periphery, or attached to the membrane [77]. 2-Deoxy-D-glucose decorated NPs have been exploited to facilitate the transport through the blood–brain barrier, and the internalization in glioma cells, both overexpressing the glucose transporter [78].

Liposomes decorated with alpha 2-6-linked sialylated glycans have been experimented to target the CD22 receptor in B-cell lymphoma. The results of this study demonstrate that targeting strategy based on carbohydrates represents an efficient method to improve available treatments for B-cell malignancies [79].

Magnetic glyco-nanoparticles decorated with different tumor-associated glycans have been exploited as a tool to detect cancer cells via MRI [80]. Such magnetic glyco-nanoparticles have been also used for hyperthermal therapy in tumors [81,82].





Glyco-biomaterials

Nanostructured materials for biomedical applications, also defined biomaterials, require specific properties depending on the applications. Rigid materials find application for hard tissue replacement (bones), whereas hydrogels are useful for soft tissue repair and for cell cultures. Biocompatibility and eventually controlled biodegradability are other required properties. Some polysaccharides meet these requirements and therefore found wide application as biomaterials for regenerative medicine. Several examples of polysaccharide-based biomaterials were developed for



Figure 5. Examples of polysaccharides employed in tissue engineering.

Table 3. Commonly used polysaccharides for biomedical applications in regenerative medicine.				
Polysaccharide	Applications	Ref.		
Cellulose	Bone and tissue regeneration, cell delivery	[89–92]		
Chitosan	Bone and cartilage regeneration, wound healing, cell delivery	[93–102]		
GAG	Osteochondral regeneration, skin regeneration, heart valves, 2D/3D cell culture models, ECM mimics	[103–107]		
Hyaluronic acid	Cell delivery, 2D, 3D ECM mimics	[108–115]		
Chondroitin sulfate	Cell delivery, ECM mimics	[116,117]		
Alginates	Bone regeneration, nerve regeneration, bone marrow cells culture, pancreatic islets encapsulation	[118–124]		
Polysialic acid	Cell culture models, peripheral nerve regeneration	[125–128]		
ECM: Extracellular matrix; GAG: Glucosaminoglycan.				

cartilage and bone tissue engineering applications, as well as extracellular matrix (ECM) mimetics for 3D and 3D cell culture studies. The most used polysaccharides are HA, chitosan, alginate, CS, polysialic acid (PSA) and in general glucosaminoglycans (GAGs; Figure 5).

The literature on this matter is extensive and has been reviewed [83–88]; our intent is to summarize and schematize; Table 3 reports the most relevant examples and their main applications.

Natural polysaccharides have been widely used as biomaterials for regenerative medicine, modulating their properties by combination with other polysaccharides, or with ECM proteins or with hydroxyapatite, or even with synthetic polymers. Dosing the composition and the intensity of cross-linking, it was possible to generate a wide variety of biomaterials, the properties of which have been finely tuned for the different biomedical applications.

Cellulose offers high mechanical properties and improved osteoblast performance and therefore it has been studied for bone tissue regeneration applications [89,90]. It has been used also for screws to graft tendons to bones and to regenerate intervertebral discs. Interestingly, cellulose has been used also to produce hydrogels for cell delivery applications and nanofibers with excellent elastic modulus and tensile strength exploitable for several soft tissue regeneration applications [91,92].

Chitosan is largely used to generate hydrogels that find application in biomedicine [93–96]. Its properties can be easily modulated by cross-linking strategies involving the free amino groups [97]. Chitosan-based hydrogels have found applications to deliver cells by minimally invasive injection into the body [98] and for tissue healing, thanks to its unique hemostatic, analgesic and mucoadhesive properties, combined with antibacterial and antifungal activity [99,100]. Hybrid materials, containing chitosan in combination with polycaprolactone (PCL) and collagen have also been developed to improve the osteogenesis [101]. Even for bone tissue engineering, chitosan has been successfully integrated into sol–gel processes to obtain inorganic/organic hybrids with nanoscale conetworks that give them tailored mechanical properties and controlled biodegradation [102].

GAGs, among which heparin, found application in regenerative medicine as component of materials made by other biopolymers [103], in which the role of GAGs is to provide signals to the cells more than act as scaffold. Collagen-GAG biomaterials have been studied for their capacity to induce the cell fate [104,105], and in particular they have been investigated for heart valve tissue engineering applications [106]. In order to replace damaged tissues, GAGs-derived biomaterials can be composed by more than two components, for example, CS, HA and silk fibroin have been used to produce porous scaffolds for skin tissue engineering [107].

HA is a natural component of ECM providing lubrication of the articular joints and cartilage repair controlling chondrocyte proliferation, migration and differentiation [108]. The biological properties of HA strongly depend on its molecular weight and they can be even opposite. High-molecular weight HA shows antiangiogenic properties and inhibits cell proliferation [109], whereas short fragments are known to promote cell migration and angiogenesis [110]. Injectable formulations containing HA with bioceramics have been developed to induce bone formation [111]. HA has found wide application in regenerative medicine, mainly for cell delivery [112,113] and interesting results have been obtained also in nerve regeneration [114]. Implantation of HA hydrogels in rat model of intervertebral disc injury results not just in a reduction of inflammation but also in prevention of the pain phenotype reducing also nociceptive behavior [115].

CS is another natural component of ECM, present in articular cartilage together with type II collagen and involved in various physiological and pathological functions such as cell morphogenesis and neuronal plasticity. In order to mimic more efficiently the ECM, CS has been often mixed to other natural and even synthetic polymers. Composites based on PCL, CS and collagen were used for bone–cartilage interface regeneration [116], 3D scaffolds made of CS, HA and collagen showed influence in proliferation and differentiation of chondrocytes [117].

Alginate-based biomaterials [118] have found application in nerve [119,120], bones [121], periodontal tissues [122] regeneration. It has also been reported that alginates of differing composition and purity induce rat bone marrow cells to proliferate or differentiate [123]. High purity alginate–calcium complexes, exhibiting a low immunogenic profile and easy gelation properties at physiological conditions, have been used to encapsulate pancreatic islets for immune protection [124].

PSA found application as coating material or scaffold for cell culture and peripheral nerve regeneration [125]. PSA is involved in several physiological processes like neural cell differentiation and organogenesis. Used alone or in combination with other polymers [126], PSA has been explored to induce the regeneration of nervous tissue, thanks to its effect in the modulation of the plasticity of neural cells [127]. The presence of PSA in synthetic cell microenvironments has been shown to improve both axon regeneration and the recruitment of progenitor cells [128].

Natural glycosylation of ECM components

The scaffold itself, although extremely important, is not sufficient to meet the complex requirements of nanomedicine tools.

It must interact with cells and properly induce and control their fate. GAGs are examples of high-molecular weight glycans providing signals that induce the cell fate, but also smaller oligosaccharides or even monosaccharides

present in the ECM have a significant role in driving cell fate. The signals elicited by glycans are provided to the cells through interaction with specific carbohydrate receptors, generally defined lectins. They usually recognize a limited number of sugars residues (even just the terminal one), and very often the interaction is much more robust with multiple presentation (cluster effect). Table 2 reports examples of sugar epitopes and the parent receptors involved in mediation of several biological phenomena.

It is generally believed that the signaling glycans are expressed at the cell surface, whereas the glycocomponents of the ECM proteins have been neglected. Collagen, fibronectin, vitronectin, laminin and the other ECM proteins undergo dynamic glycosylation that depends on many and different factors such as age, pathologies and diet and strongly influences the cell fate [129–131].

ECM protein glycosidation: effect on cell fate regulation

N-glycosylation of collagens and laminins influences the binding to integrin receptors on cell surface and it is strongly involved in pathological states and malignancies (i.e., several cancers). N-glycosylation of Lm332 is involved in the regulation of cell spreading, adhesion and migration [132]. O-glycosylation of fibronectin plays an important role during epithelial mesenchymal transition influencing cell motility and expression of mesenchymal markers [133]. Collagen I, for example, is overglycosylated in patients suffering from osteogenesis imperfecta, the hydroxylysine residues being more extensively galactosylated and subsequently glucosylated [Glc α (1-3)Gal β -O-] [134].

Glycosylation of ECM proteins are involved not just in cell–ECM interactions but also in the interaction with lectins in the extracellular space (i.e., galectins) and in the structural organization and functional role of the matrix itself [135,136]. The modifications of glycan expression on these proteins in ECM affect the functional role of cell microenvironment, by modulation and dysregulation of cell–ECM and ECM–ECM interactions. These are just a few examples of the importance of post-translational glycosylation of ECM components, but it is becoming clear that the glycocode at the extracellular level – more specifically the glyco-microrenvironment – can be exploited to induce specific cell fates for tissue engineering applications.

Natural & synthetic glycosylated biomaterials to mimic the glyco-microenvironment

There are several examples in the literature in which mono-, di- and oligosaccharides have been used to decorate synthetic or natural bioactive materials to study the effect of glycans on cell fate regulation, in order to unravel the role of the glyco-microenvironment [137,138] (Figure 6).

Neoglycosylation of collagen has been performed by insertion of a thiol by reaction with thiobutyrolactone followed by thiol-ene reaction with α -allyl-glucoside and β -allyl-galactoside, resulted in a biomaterial able to significantly promote motor functional recovery of the osteoarthritic rats [139]. A further relevant result was obtained culturing F11 neuroblastoma cells on collagen glycosylated by reductive amination with maltose. The exposed α -Glc residue induced not-functional F11 neuroblastoma cells to differentiate, inducing a neuritic-like process and restored the functional neuronal activity with the transmission of the electric signal [140]. Neoglycosylation of collagen also influences osteochondral regeneration, also using glycans that are not usually expressed in natural glycosylation pattern of collagen. In fact, it has been observed that residues of Neu5ac α 2-3-Gal β 1-4Glc– induce the upregulation of the expression of *RUNX2* and *ALP*, markers of osteogenesis [141]. This result clearly indicates how a 'minor' variation in the glycan structure (linkage at position 6 instead of 3), significantly changes the cell fate.

Synthetic biomaterials (i.e., γ -PCL) have also been used as scaffold for glycosylated biomaterials, some of them have been investigated for liver tissue engineering or to improve mesenchymal stem cells adhesion on hydrophobic scaffolds [142,143].

Conclusions

Glycans are definitively the most sophisticated signaling molecules developed by nature: their diversity (much higher of that one of peptides) and the dynamism of glycosylation as post-translational process allow them to affect the biological processes. Glycosylation is influenced by age, physiopathological states, diet and environmental changes. Glycosylated nanoparticles and nanomaterials have been successful employed until now in different pathological models for both therapeutic and diagnostic purposes. The generation of complex glycosylated nanotools, in order to target specific cell receptors, or to mimic tissues glycosignature, represents today a big challenge.



Future perspective

Understanding how glycosylation impacts in physiopathology, aging, environmental changes and lifestyles, and exploiting glyco-nano-tools to interact/interfere with such processes, is a very attractive perspective in personalized medicine. 'Dynamic' glyco-nano-tools, such as glycosylated-nanoparticles will represent a spot forwards for more efficient second generation drug-delivery systems, whereas 'static' glyco-nano-tools, such as nanostructured scaffolds mimicking the cell microenvironment, will allow to understand how dynamic glycosylation influences the cell fate, with relevant fallout in regenerative medicine and in understanding pathological processes and aging.

Executive summary

Glycans in nanomedicine

- Being glycans the biomolecules with highest structural diversity, employed by nature in a variety of selective recognition phenomena as well as structural and functional roles, nanomedicine exploits glycans as components of nanoparticles or nanostructured biomaterials and as molecular cues for selective interactions for targeting or to induce specific cell fates.
- Nanoparticles are used to build up drug-delivery systems or diagnostic tools.
- Biomaterials are mainly applied in regenerative medicine and tissue engineering as well as in cell culture. **Glycan-based nanoparticles**
- Glycans find application in drug-delivery systems as autoassembling components of the nanoparticles.
- Charged polysaccharides can give rise to nanoparticles through electrostatic interactions, which can be also flanked by covalent cross-linking to modulate nanoparticle stability.
- On the other hand, desired nanoparticle collapse by exogenous or endogenous stimuli has been designed for controlled delivery purposes.

Glycan-coated nanoparticles

- Glycan-coated nanoparticles combine the advantageous properties of different materials together with the ability of carbohydrates to increase the biocompatibility of these systems or to target specific receptors.
- The nanoparticle coating with glycans makes them stealth to the immune system, avoiding their undesirable interactions, which can lead to a lack in therapeutic efficacy or even to toxic effects.
- Targeting with glycan-decorated nanoparticles
- Both in healthy and pathological states, glycans mediate many biological recognition and signal transduction events, so they can be used as targeting agents.
- **Glyco-biomaterials**
- Polysaccharides have been recognized as advantageous substrates to create novel scaffolds in regenerative
 process, marrying the characteristics of the biomaterials with cell requirements.
- Natural glycosylation of extracellular matrix components
- Cell microenvironments are composed of proteins and glycans. It is becoming more and more evident that glycans provide signals inducing the cell fate.
- Extracellular matrix protein glycosidation: effect on cell fate regulation
- The modifications of glycan expression on extracellular matrix (ECM) proteins, it is involved in the regulation cell functions. These phenomena are controlled by modulation of the interactions between cell–ECM and ECM–ECM. Natural & synthetic glycosylated biomaterials to mimic ECM components
- Natural & synthetic glycosylated biomaterials to minine Ecwi components
- The observation that glycomicroenvironment is involved in the regulation of cell fate, opens the way to the development of synthetic glycosylated ECMs exploitable in regenerative medicine.

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