

Refining busulfan exposure enhances pediatric ALL HSCT outcomes: insights from the International FORUM study

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Key Points

- Busulfan exposure within a cumulative AUC of 73.3 to 98.0 mg.h/L correlates with improved HSCT outcomes in pediatric ALL.
- Model-based dosing of busulfan significantly lowers the risk of relapse, toxicity, and could present an alternative to TBI.

The optimal busulfan exposure window in pediatric patients with acute lymphoblastic leukemia (ALL) undergoing allogeneic hematopoietic stem cell transplantation (HSCT) remains to be defined. We identify this window for patients receiving busulfan within the prospective international, randomized controlled phase 3 ALLSTped 2012 FORUM trial. We included 145 participants receiving fludarabine-busulfan-thiotepa conditioning, with available busulfan plasma levels. Busulfan exposure was estimated using a validated pediatric population pharmacokinetic model. Primary outcomes were event-free survival (EFS) and graft-versus-host disease-free relapse-free survival (GRFS). Patients were aged between 0.5 and 19.5 years, with a median follow-up of 5.0 years. The optimal busulfan exposure was defined as area under busulfan concentration curve (cAUC) of 73.3 to 98.0 mg.h/L based on EFS and GRFS. Patients with nonoptimal exposure had lower EFS (hazard ratio [HR], 1.93; $p = 0.008$) and GRFS (HR, 2.01; $p = 0.002$). Underexposure (cAUC <73.3 mg.h/L) was associated with higher relapse rates (HR, 1.93; $p = 0.019$), and overexposure (cAUC >98.0 mg.h/L) with an increased risk of treatment-related toxicities and graft-versus-host disease. Patients with optimal busulfan exposure showed no differences in EFS, GRFS, overall survival, or relapse with post hoc matched total-body irradiation (TBI) recipients ($n = 51$ in each group). This study identifies a favorable busulfan exposure window for pediatric patients with ALL undergoing HSCT from an HLA-matched donor. Therapeutic drug monitoring for optimized personalized busulfan dosing

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Summary data are available from the corresponding author, Marc Ansari (marc.ansari@hcuge.ch), on request. Individual participant data that underlies the results reported in this article, will be available for meta-analysis upon agreement by the

study's international coordinator. Requests should be submitted to Marc Ansari. The study protocol is available from Peters et al.¹

The full-text version of this article contains a data supplement.

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improves HSCT outcomes and might be validated for use as an alternative to irradiation. This trial was registered at EudraCT as 2012-003032-22 and on www.ClinicalTrials.gov as NCT01949129.

Introduction

Allogeneic hematopoietic stem cell transplantation (HSCT) offers a potential cure for patients with high-risk acute lymphoblastic leukemia (ALL). Among different prognostic factors, the success of HSCT is influenced by the conditioning regimen administered before transplantation. The prospective international multicenter randomized controlled ALLSCTped 2012 FORUM study (NCT01949129) was designed to determine the most effective conditioning regimen for pediatric patients with ALL.^{1,2} The randomized part of the study compared total-body irradiation (TBI) with chemotherapy-based conditioning for patients aged between 4 and 21 years receiving HSCT from a matched donor.¹ All patients younger than 4 years or receiving a transplantation from a mismatched donor were assigned to the chemotherapy conditioning (chemo-conditioning).³ The interim analysis showed that TBI with etoposide was associated with significantly better outcomes than myeloablative chemo-conditioning, thus ending the randomization.¹ TBI/etoposide is now considered the standard-of-care conditioning regimen for pediatric patients with ALL aged >4 years.⁴ Chemo-conditioning in the FORUM study included fludarabine and thiopeta with either busulfan (Bu) or treosulfan.⁵ No significant differences in survival have been observed between the 2 chemo-conditioning regimens, neither in the randomized cohort nor in younger patients.^{1,3,5} However, despite its demonstrated efficacy, TBI remains more often associated with long-term adverse effects than irradiation-free conditioning regimens.⁶⁻⁸

Busulfan is known for its exposure-outcome relationships, narrow therapeutic window, and high interpatient pharmacokinetic (PK) variability, making therapeutic drug monitoring (TDM)-guided dosing essential for optimizing HSCT outcomes.^{7,9-12} The strongest evidence for optimal busulfan exposure to date comes from a 2016 retrospective study by Bartelink et al,¹³ involving 674 pediatric and young adult patients with malignant and nonmalignant diseases, receiving busulfan mostly with cyclophosphamide. It established the widely accepted optimal therapeutic window for HSCT outcomes as a cumulative area under the busulfan concentration curve (cAUC) of 78.0 to 101.0 mg·h/L.¹³ However, the applicability of this window to patients with ALL has to be confirmed due to the short follow-up time (median, 1.5 years; interquartile range, 0.5-3.6), outdated treatment period (2001-2015), and cohort heterogeneity with low ALL representation (5%, *n* = 31).¹³ Indeed, a more recent study in patients with inborn errors of immunity reported a different optimal window of 70.0 to 90.0 mg·h/L,¹⁴ highlighting the disease- and, most likely, protocol-specific nature of optimal busulfan exposure.¹⁴

These questions led us to hypothesize that the optimal busulfan target window may need to be fine-tuned for different diseases. Although previous studies report comparable clinical outcomes between conditioning regimens based on targeted busulfan and TBI,^{15,16} the relationship between optimal busulfan exposure and HSCT outcomes has, to our knowledge, not been specifically

assessed in a homogeneous cohort of pediatric patients with ALL. Using the prospectively enrolled FORUM study cohort, we aimed to define the optimal busulfan exposure window for myeloablative conditioning in these patients by analyzing busulfan exposure-outcome relationships and then comparing outcomes in optimally exposed patients to matched patients receiving TBI-based conditioning.

Methods

Study design and patient population

All participants included in the current exposure-outcome analysis were busulfan-treated pediatric patients with high-risk or relapsed ALL enrolled in the international multicenter randomized open-label phase 3 ALLSCTped 2012 FORUM study and its pharmacogenetic add-on study (NCT02670564). The trial received approval from the ethics committee of the Medical University of Vienna, Austria, other local ethics committees and national competent authorities. It was conducted according to the principles of the Declaration of Helsinki. Informed consent was obtained from all patients and/or their parents/legal guardians. The study design is detailed in the previous reports from the FORUM study and the published protocol.^{1,3,5} All patients were followed for a minimum of 2 years after transplantation. Data from patients who received TBI-based conditioning included in the analysis of the randomized cohort¹ were available for comparison. The study flowchart is available as supplemental Figure 1.

Busulfan administration procedures and exposure estimation

Busulfan was administered intravenously once, twice, or 4 times daily, based on the center's preference, over 4 days. Infusions typically lasted 2 hours for 4 times daily dosing (q6h) and 3 hours for once (q24h) or twice daily (q12h) regimens. Initial doses followed the European Medicines Agency's actual body weight-based pediatric dosing nomogram.^{17,18} Participating centers measured busulfan concentrations in their local TDM facilities and adjusted doses per local protocols, with a recommended per-dose target of AUC_{0-∞} of 3.7 to 5.3 mg·h/L or 16.4 to 22.6 mg·h/L for 4 times daily and once daily dosing, respectively. The analytical methods for busulfan quantification were cross validated in each local TDM laboratory.¹⁹ Only data from cross-validated centers were included. Because centers used different methods to calculate busulfan exposure, we re-estimated exposure metrics from the individual measured concentrations, to harmonize our data set, as previously recommended.¹²⁻¹⁴ We used a validated pediatric population pharmacokinetic model, taking into account patient age, an age-dependent allometric body weight model, and coadministration of fludarabine to perform Bayesian (a posteriori) estimations.^{20,21} The model was implemented in Phoenix NLME software (version 8.2, Certara). Goodness-of-fit plots were used to validate the estimations of the model against the observed data from the current study. The cAUC in milligram-hours per liter was

selected as the main exposure metric of interest in relation to the outcomes as it was described as the most reliable and actionable metric for busulfan targeted dosing.^{12,13,22,23}

Clinical outcomes

The primary outcomes were event-free survival (EFS) and graft-versus-host disease (GVHD)-free relapse-free survival (GRFS). EFS included relapse or death, whichever occurred first; GRFS was defined as survival without relapse, grades III to IV acute GVHD, or extensive chronic GVHD. Secondary outcomes included overall survival (OS), cumulative incidence of relapse (CIR), postrelapse mortality (PRM), nonrelapse mortality (NRM), engraftment, and treatment-related toxicities (TRTs). TRTs included pneumonitis, pulmonary infiltrates, hematuria, bladder hemorrhage, liver failure, elevated transaminases, hyperbilirubinemia, and central or peripheral neurotoxicity. All TRTs were diagnosed and graded according to Common Terminology Criteria for Adverse Events (CTCAE) version 4.03. Sinusoidal obstructive syndrome, acute and chronic GVHD (aGVHD and cGVHD) were diagnosed and graded according to FORUM protocol recommendations.^{1,2} A patient's TRT count score included all mentioned toxicities and cGVHD of respective grades. Since sinusoidal obstructive syndrome diagnosis overlaps with hepatotoxicity markers, only 1 count was added, if both were present. Neutrophil recovery time was defined as the first of 3 consecutive days with counts $>0.5 \times 10^9/L$. Platelet recovery time was defined as the first of 3 consecutive days with counts $>20 \times 10^9/L$ at least 7 days after last transfusion.

Clinical variables other than busulfan exposure included age at transplantation, sex, first complete remission (CR1) vs second or greater (CR ≥ 2) complete remission status at transplantation, stem cell source (bone marrow, cord blood, or peripheral blood), and number of busulfan daily doses (4 vs 2, or 1).

Statistical analyses

Follow-up duration was defined as the time between HSCT and last visit, or death, and the median follow-up time was estimated using the inverse Kaplan-Meier method. Two approaches were used to determine the optimal cAUC window. The first approach identified the cAUC cutoff values associated with the maximum log-rank statistic obtained for EFS and GRFS across the entire range of observed values. The second method determined the optimal window's boundaries using a univariate Cox regression with a 2 degrees-of-freedom spline covariate relationship (equivalent to a quadratic relationship) between cAUC and either EFS or GRFS failure (1-EFS or 1-GRFS).²⁴ The resulting hazard ratio (HR) curve was plotted against cAUC, and the range where HR ≤ 1 defined the optimal window. Patients were then classified as optimally exposed, overexposed, or underexposed.

Time-to-event outcomes (EFS, GRFS, OS, and PRM) were analyzed using the Kaplan-Meier approach. The log-rank test was used for comparisons across strata. Cox regressions were applied for univariate and multivariate analyses, with *P* values for each predictors level computed with the Wald test. HR estimates and their 95% confidence intervals (95% CI) from the multivariable regression model were assessed for stability and reliability using bootstrapping with 10 000 data sets randomly resampled from the original data. CIR was analyzed using competing risk cumulative incidence analysis, adjusting for death, and Gray's test was used

for comparison. The competing risk analysis of NRM adjusted for PRM as a competing event, whereas the analysis of PRM adjusted for NRM. Fine-Gray regression models were used for all competing risk analyses with Wald tests to compute *P* values, and bootstrapping (10 000 resampled datasets) for model verification. Univariate and multivariate ordinal logistic and Poisson regression were used to compare TRT counts between busulfan exposure levels. All multivariate analyses used a full covariate model approach, following a thorough evaluation of collinearity. *P* values $< .05$ were considered statistically significant. Effect sizes were reported as HR for survival analyses, odds ratios (OR) for logistic regression, or incidence-rate ratios for Poisson regression with their 95% CI. EFS, GRFS, OS, and CIR were compared between patients optimally exposed to busulfan and matched patients receiving TBI, from the previously reported randomized part of the FORUM study.¹ The matching utilized propensity scores calculated through binomial logistic regression for stem cell source and immunophenotype, and Mahalanobis distance for age at HSCT and remission status. The matching considered a 1:1 TBI to busulfan ratio and a caliper of 0.2 standard deviation units. The statistical analyses were performed using R (version 4.1.3) with the packages gtsurv (version 1.7.2), survival (version 3.7-0), survminer (version 0.4.9), ggsvfit (version 1.1.0), splines (version 4.1.3), tidycmprsk (version 1.0.0), ordinal (version 2023.12-4), boot (version 1.3-28), and MatchIt (version 4.5.3).

Results

Patient population and busulfan exposure

Of all the patients with available busulfan PK and clinical data, 10 patients who received mismatched donor grafts were excluded. The remaining 145 patients underwent transplantation between April 2014 and September 2022, from matched sibling or matched unrelated donors (with matching defined as 9 or 10 out of 10 HLA-compatible related or unrelated donors), at 26 centers across 9 countries (supplemental Table 1). Median follow-up time was 5.0 years (interquartile range, 4.8-5.4). Most patients were already described in previous reports of the FORUM study (*n* = 79 randomized patients,¹ and *n* = 54 below 4 years of age⁴), with longer follow-up in the present study. The demographic and clinical characteristics of the cohort are shown in Table 1. The patients' age at transplantation ranged from 0.5 to 19.5 years. Most patients were diagnosed with precursor B-cell ALL (84%) and received bone-marrow derived stem cells (74%). Patients in second or greater CR accounted for 46% of the cohort. The frequencies of clinical outcomes are reported in supplemental Table 2. In accordance with previous FORUM reports,^{1,3} the proportion of patients experiencing NRM was low (4.1%), and relapse (41%) was the leading cause of treatment failure. Thus, the predominant event influencing EFS was relapse, making EFS more representative of treatment efficacy than toxicity. This motivated the consideration of GRFS, as a co-main outcome of interest to define the optimal therapeutic window.

Dosing schedules, number of monitored doses, and sampling schedule varied across centers (supplemental Table 3). Most patients (55%) were only monitored after a single dose, typically the first. Sparse sampling was common for q6h dosing, whereas q24h, and q12h regimens involved more intensive sampling. The concordance between site-reported values and our PopPK model estimates was satisfactory^{20,21} (supplemental Figure 2A). Despite TDM-guided dose adjustments, model-estimated exposures varied

Table 1. Patients' demographic and clinical characteristics

Characteristic	N = 145*
Sex	
Female	60 (41%)
Male	85 (59%)
Age (years)	6.9 (2.5, 11.3)
Age group (y)	
Above 4	88 (61%)
2-4	28 (19%)
1-2	13 (9.0%)
0-1	16 (11%)
Height (cm)	122 (89, 142)
Missing	1
Weight (kg)	23 (13, 35)
Remission status	
CR 1	79 (54%)
CR ≥2	66 (46%)
Donor	
MD	105 (72%)
MSD	40 (28%)
Stem cell source	
Bone marrow	108 (74%)
Cord blood	22 (15%)
Peripheral blood	15 (10%)
Immunophenotype	
Precursor B-cell ALL	122 (84%)
T-cell ALL	22 (15%)
Other	1 (0.7%)
Genetic aberration†	
<i>BCR::ABL</i>	10 (8.7%)
<i>ETV6::RUNX1</i>	14 (12%)
<i>KMT2A::AFF1</i>	17 (15%)
None of the above	77 (67%)
Missing	30
Hyperdiploidy	24 (18%)
Missing	8
Hypodiploidy	7 (5.1%)
Missing	8
Bu dosing schedule	
4 times daily	104 (72%)
Once daily	33 (23%)
Twice daily	8 (5.5%)
cAUC (mg.h/L)	86 (78, 93)

cAUC, cumulative area under busulfan concentration curve; CR, complete remission; MD, matched donor; MSD, matched sibling donor.

*n (%); median (IQR).

†Three patients had >1 mutation.

widely (supplemental Figure 2B). The PopPK model predictions visually demonstrated a good correlation with the observed concentrations, thereby validating the precision of its estimations in

this cohort (supplemental Figure 3). Busulfan doses were effectively adjusted in 79 (54%) of the patients (supplemental Table 3).

Optimal exposure definition

Combining both methods for optimal exposure definition and considering both EFS and GRFS failures, the optimal exposure window was defined as cAUC 73.3 to 98.0 mg.h/L. The lower cutoff value (73.3 mg.h/L) corresponded to the maximal log-rank statistic value for the EFS outcome (Figure 1A). A cAUC of 98.0 mg.h/L, obtained from the curve of 1-GRFS HR against busulfan's cAUC, was defined as the upper cutoff (Figure 1B). In our cohort, 97 (67%) patients were within the optimal therapeutic exposure window, whereas a significant proportion (n = 48, 33%) were outside the optimal range; 26 (18%) underexposed and 22 (15%) overexposed. No differences in clinical variables were noted across the different exposure groups (supplemental Table 4).

Exposure-outcome analysis

Patients outside the optimal busulfan exposure window (under- or overexposed) had significantly lower EFS compared to optimally exposed patients (HR, 1.93; 95% CI, 1.19-3.14; Figure 2A; supplemental Figure 4A). EFS did not differ significantly between optimal and overexposed groups (Figure 2A). In contrast, GRFS was significantly lower in both underexposed (HR, 1.93; 95% CI, 1.13-3.32) and overexposed patients (HR, 2.10; 95% CI, 1.20-3.68) (Figure 2B; supplemental Figure 4B). These findings remained significant in multivariate Cox regression analyses, where busulfan exposure impacted both EFS and GRFS in models accounting for other relevant clinical variables (Figure 3). The adjusted HR values of nonoptimally exposed groups were close to 2 for both EFS and GRFS underscoring the clinical significance of optimal busulfan exposure. Adjusted for busulfan exposure, patients in second or greater CR at transplantation had worse EFS and GRFS, whereas patients below 1 year-old had lower EFS, consistent with previously published results from the FORUM study.^{1,3} Full univariate and multivariate Cox-regression results are reported in supplemental Table 5 and 6.

The lower EFS in underexposed patients is driven primarily by higher relapse rates (hazard ratio [HR], 1.93; 95% CI, 1.11-3.35; Figure 2C). This observation is confirmed by univariate and multivariate Fine-Gray analyses (supplemental Table 7), showing a significantly higher relapse risk in underexposed patients (adjusted HR, 2.00; 95% CI, 1.16-3.45) without difference in relapse risk between optimally exposed and overexposed patients. Validation using bootstraps confirmed the robustness of the multivariable estimates, showing strong concordance between those results and the original ones (supplemental Table 8). Subgroup analyses (Figure 4) stratified by remission status and age revealed significant benefits for patients in second or greater CR and younger patients (age <4 years) with busulfan exposure surpassing 73.3 mg.h/L compared to those below that threshold. No significant effect of busulfan exposure on OS, NRM, nor PRM (Figure 2D-F) were found. No neutrophil and platelet recovery differences were observed between busulfan exposure groups (supplemental Figure 5).

Safety of the optimal therapeutic window

When considered individually, grade III or IV TRTs appeared slightly but nonsignificantly more frequently in busulfan-overexposed

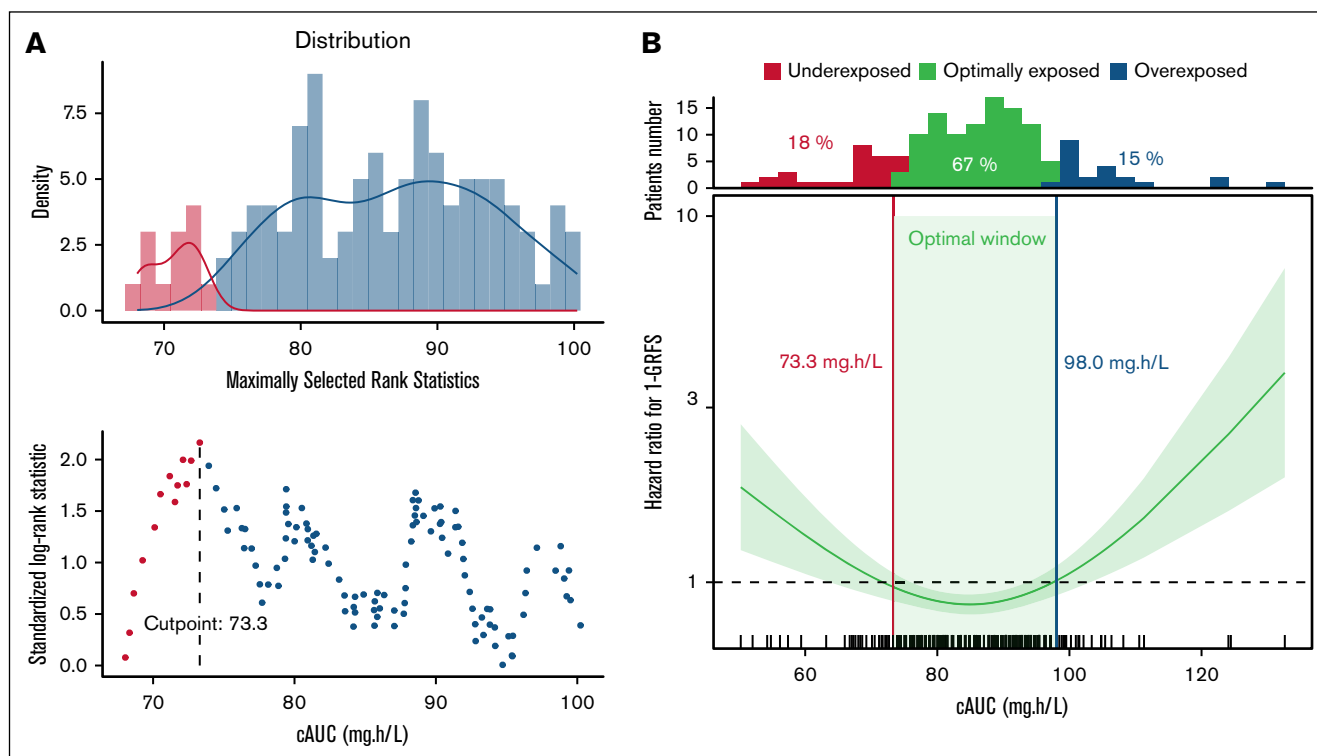


Figure 1. Definition of busulfan optimal exposure windows. (A) Definition of busulfan cAUC cutoff for 1-EFS using the maximal g-rank statistic. (B) Definition of optimal window based on the 2 degrees-of-freedom spline relationship between GRFS failure (1-GRFS) and cAUC in univariate Cox regression with shaded area showing ± 1 standard error. The percentages displayed on the histogram correspond to the proportions of patients underexposed, optimally exposed, and overexposed.

patients compared to the others with 9.1% vs 4.9% for sinusoidal obstructive syndrome, 18.2% vs 7.3% for lung toxicities and 4.5% vs 0.8% for hematuria (supplemental Table 9). However, increasing busulfan exposure correlated with an increase in the sum of different TRTs affecting each patient both for grades III-IV and II-IV toxicities (Figure 5A,C, respectively). Moreover, when comparing TRT counts between busulfan exposure groups using regression models, cumulative TRTs were significantly higher in patients with busulfan exposures exceeding 98.0 mg.h/L (Figure 5B,D). Patients with busulfan overexposures had an incidence of death of 9.1% vs 3.3% in those exposed to less than 98 mg.h/L. In contrast, optimally exposed and underexposed patients showed similar incidences of toxicities. Thus, patients who were overexposed faced a greater risk of experiencing multiple severe toxicities. Due to the low number of events, only a nonsignificantly higher cumulative incidence of NRM ($P = .077$) was observed in patients outside the optimal exposure window (supplemental Figure 4). Extensive cGVHD was significantly higher in overexposed patients, whereas a nonsignificantly higher aGVHD grade III to IV incidence was observed in those patients (supplemental Table 10).

Optimal busulfan exposure vs TBI

In the current study, 52 patients aged 4 and older from the previously reported randomized cohort¹ were identified as being optimally exposed. Fifty-one of them were a posteriori matched to 51 out of 196 available TBI patients from the same cohort¹ based on their age, remission status, immunophenotype, and the stem cell source used for transplantation (matching assessment and

population description in supplemental Figure 6 and supplemental Table 11, respectively). No significant differences in outcomes were found between patients optimally exposed to busulfan and those conditioned with TBI in terms of OS, EFS, GRFS, and CIR, and median differences were not clinically significant (Figure 6). NRM was observed only in 2 patients, both in the busulfan group. Interestingly for both EFS and GRFS, the differences between TBI and optimally exposed busulfan are the highest after 2 years and tend to decrease with time. Although Kaplan-Meier analyses stratified by remission status suggested a potential benefit of TBI in patients at CR1 in the first years after transplantation, this difference seems to decrease with time (supplemental Figure 7).

Discussion

According to our data, pediatric patients with ALL receiving a transplant from HLA-matched donors with a busulfan exposure between 73.3 to 98.0 mg.h/L experienced improved EFS and GRFS and fewer severe toxicities compared to patients outside this exposure window.

In this contemporary and homogeneous cohort of pediatric patients with ALL, our results confirm that targeted dosing with TDM could significantly improve HSCT outcomes. Furthermore, our defined therapeutic window for children with ALL (73.3-98.0 mg.h/L) is in line with that defined by Bartelink et al¹³ (78-101 mg.h/L). Another crucial finding was the significantly lower EFS only in underexposed patients, whereas GRFS was significantly lower in both underexposed and overexposed groups. This

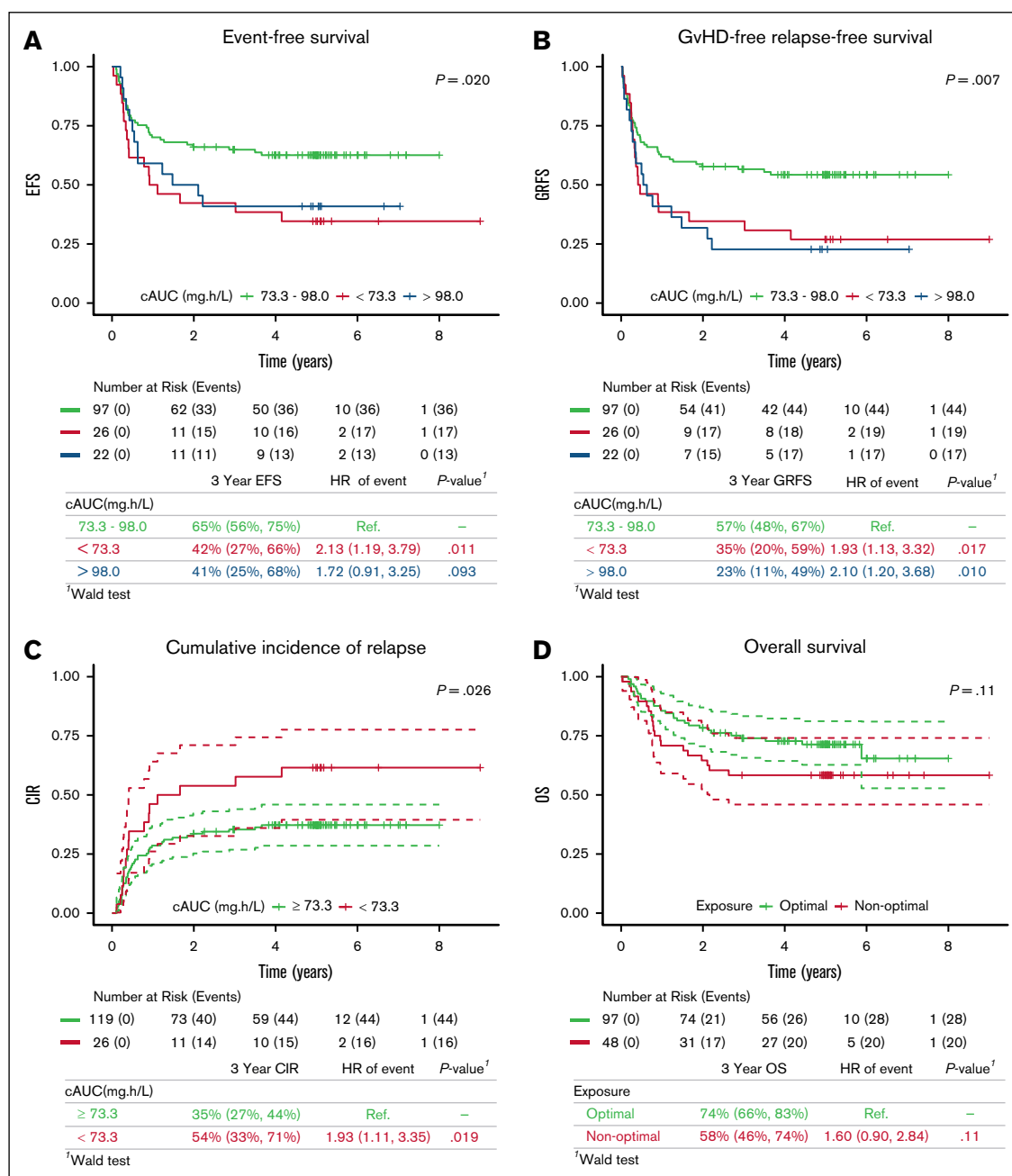


Figure 2. Key outcomes according to busulfan exposure levels. (A) Event-free survival (B) GvHD-free relapse-free survival (C) Cumulative incidence of relapse (D) Overall survival (E) Non-relapse mortality (F) Post-relapse mortality (A-B) Strata defined as: cAUC below 73.3 mg.h/L, within the optimal 73.3-98.0 mg.h/L busulfan window and above 98.0 mg.h/L busulfan (C) Strata defined as below or above 73.3 mg.h/L (D-F) Strata defined as: optimal exposure when cAUC were within 73.3 to 98.0 mg.h/L and non-optimal exposure when cAUC were below 73.3 mg.h/L or above 98.0 mg.h/L. P values annotated on the Kaplan-Meier plots were obtained from the log-rank test, or the Gray's test for relapse (C). HR, with 95% CI were obtained from univariable Cox regression models (or the Fine-Gray model for relapse [C]) that compare the different exposure strata to the reference exposure stratum, with corresponding P -values calculated from the Wald test. Dashed lines on the Kaplan-Meier plots for panels C-F represent the 95% CIs. CIR, cumulative incidence of relapse; NRM, non-relapse mortality; PRM, post-relapse mortality.

highlights the importance of composite end points accounting for both treatment efficacy and toxicity when determining therapeutic windows.

We pondered whether elevating busulfan exposure levels beyond the toxicity threshold (98.0 mg.h/L) might further reduce relapse

rates, especially in light of the low NRM and modest toxicity rates observed in this cohort (supplemental Table 1). However, there was no significant difference in relapse incidence between patients receiving optimal exposure and those overexposed (supplemental Table 2) indicating an efficacy plateau with the optimal exposure window we identified. As such, further increasing

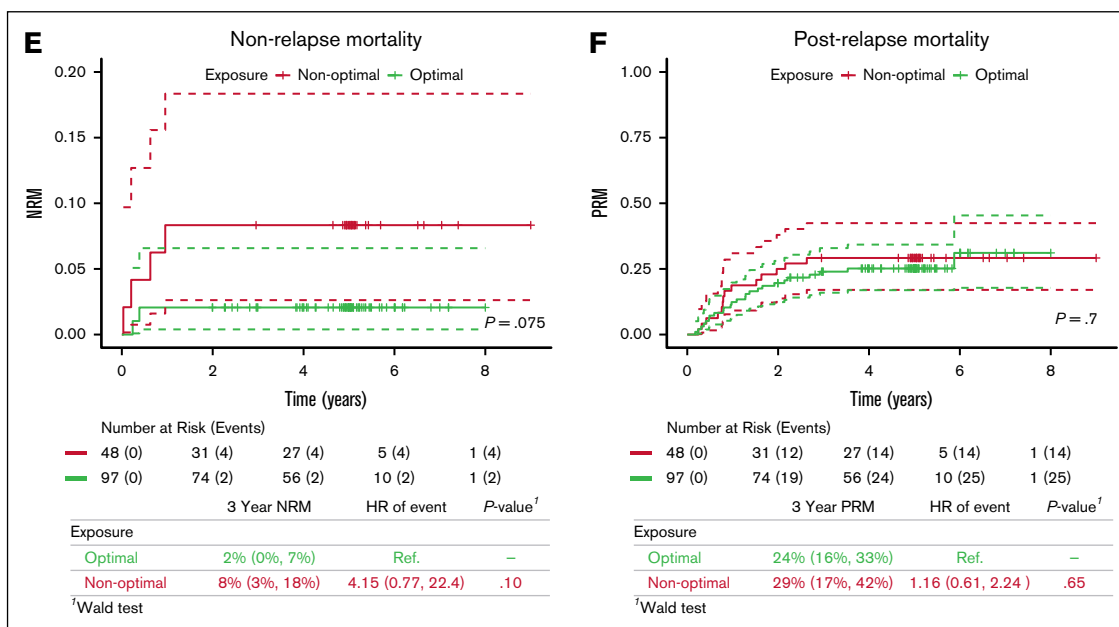


Figure 2 (continued)

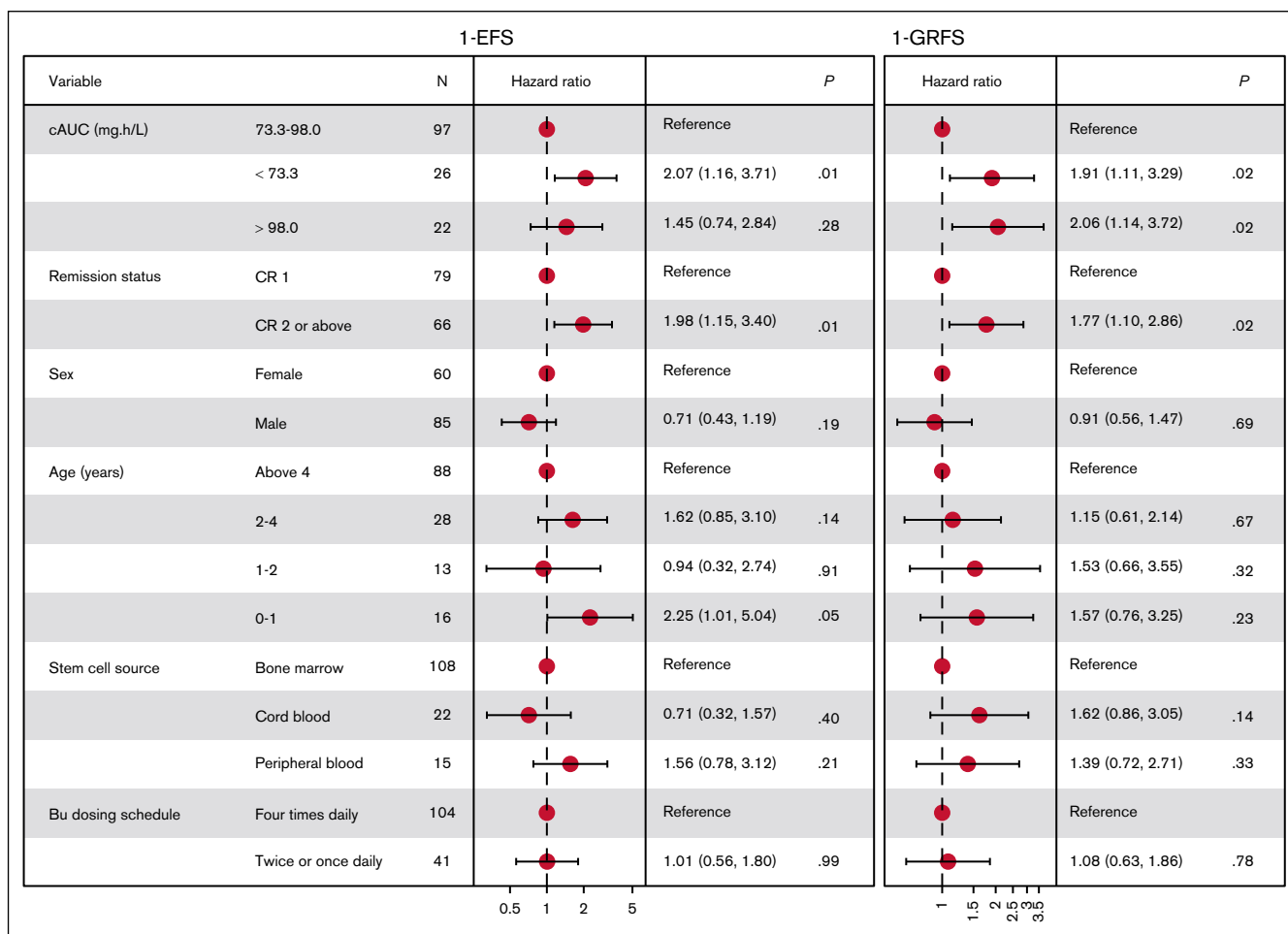


Figure 3. Multivariable Cox-regression analysis results for event-free survival (EFS) and GVHD-free relapse-free survival (GRFS) failures. *P* values were computed using the Wald test. Bu, busulfan.

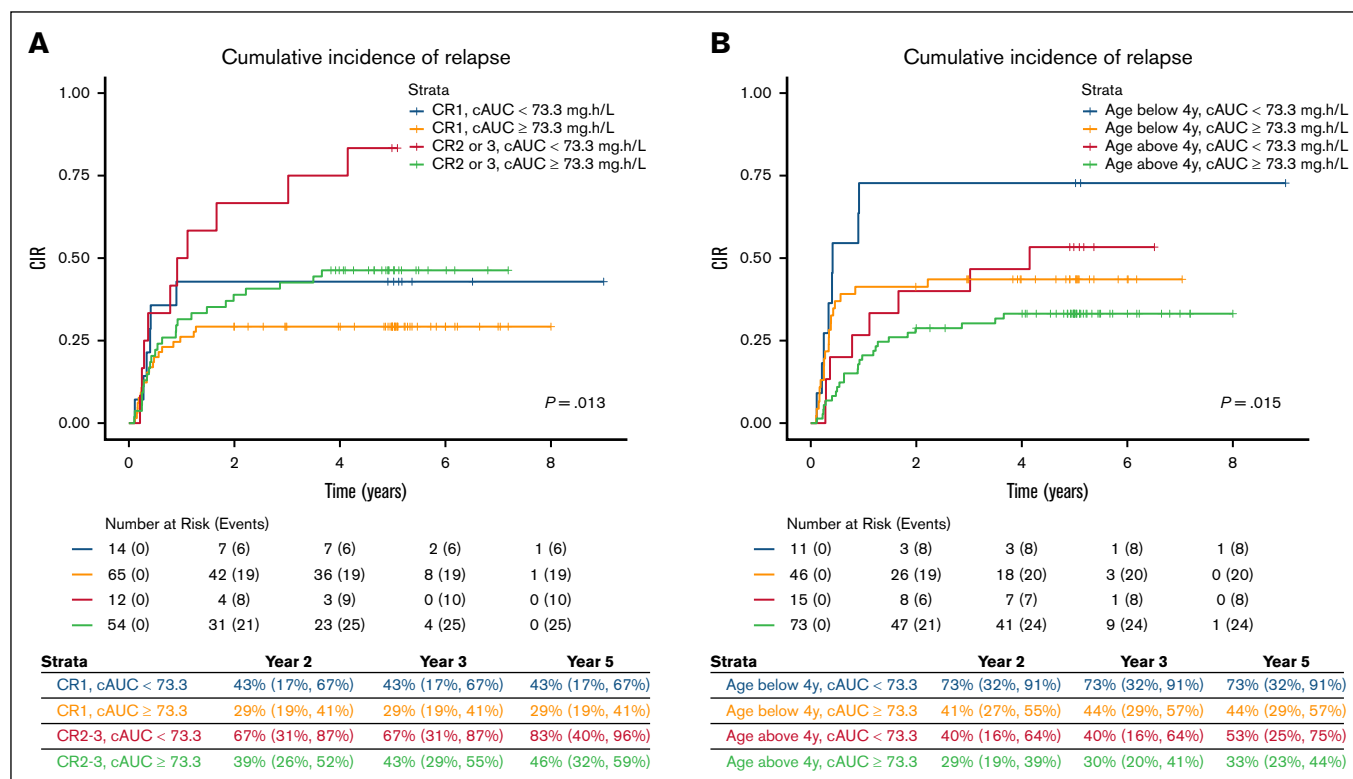


Figure 4. Stratified analysis of the cumulative incidence of relapse (CIR). (A) Stratification by remission status and Bu exposure level. (B) Stratification by age and Bu exposure level. *P* values were obtained using Gray's test. The tables below the plot display CIR at 2, 3, and 5 years with the respective 95% CIs.

busulfan exposure beyond this threshold does not further reduce relapse rates. Instead, it increases toxicity risk, as evidenced by lower GRFS and higher TRT counts in overexposed patients (Figures 3 and 5).

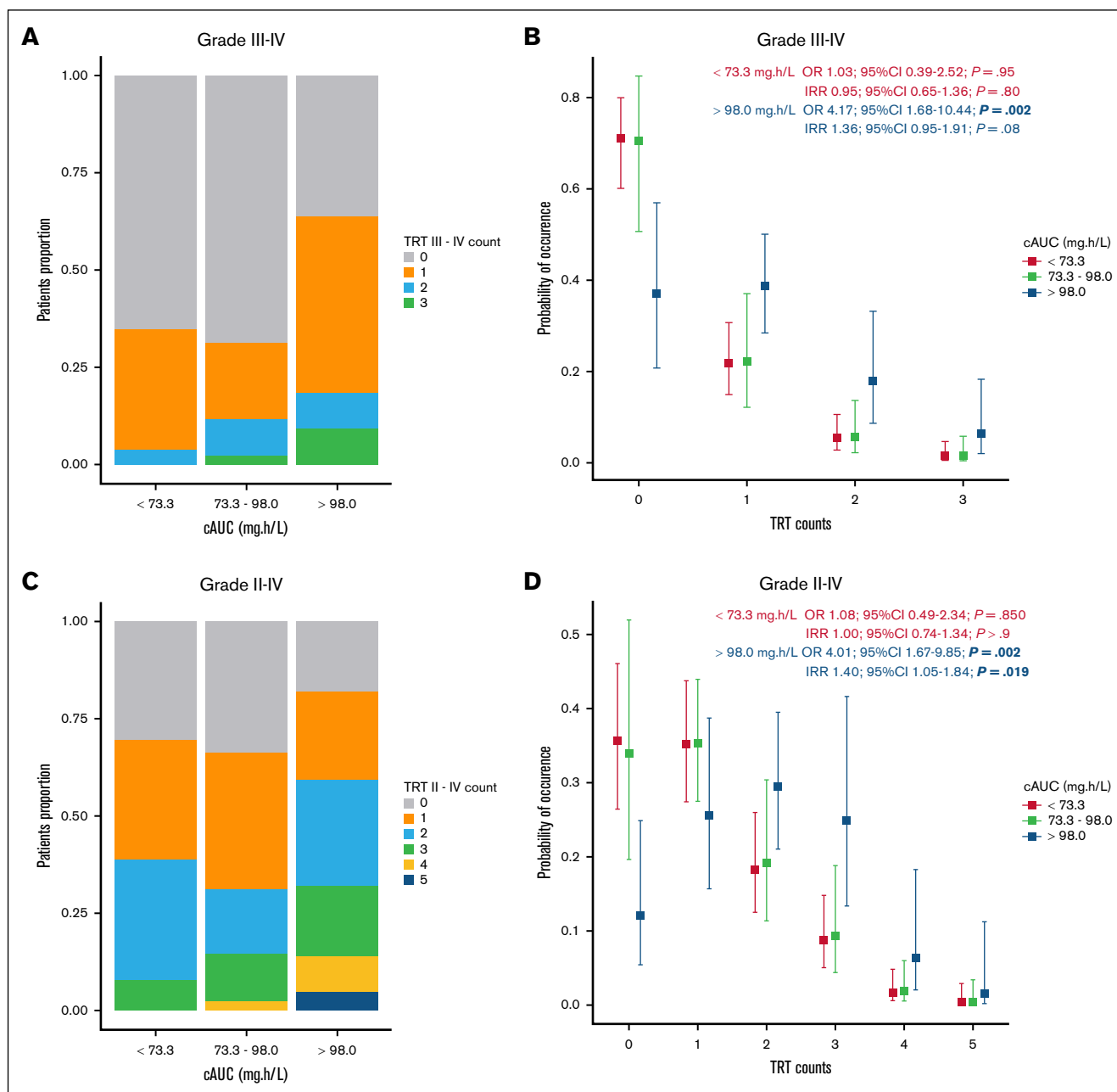
Despite better EFS and GRFS, patients with optimal busulfan exposure did not have significantly better OS than patients outside that range. This could be due to the small sample size, low NRM, and the lack of comprehensive data on postrelapse management in the FORUM study.⁵ Variations in practices among centers, including access to CAR T-cell therapy as a rescue treatment option following relapse, could play a key role among these potential confounders.^{3,5}

In line with previous report, our analysis suggests that busulfan could be a valuable alternative to TBI, if the exposure is in the optimal window.^{15,16} Although the original study was not designed for this purpose, we performed a matched analysis that does not show significant outcome differences between those 2 conditioning. Thus, even though these findings warrant cautious interpretation due to the limited sample size, they suggest that equivalent efficacy may be achievable through precise busulfan TDM. This is particularly important for patients who are ineligible for TBI due to high risk of long-term radiation toxicity, such as those with prior radiation exposure, young age, or comorbidities, or treated at centers who have limited access to TBI facilities. In addition, although a recent retrospective study even proposed lowering the TBI eligibility threshold from 4 to 2 years old,²⁵ the inherent risks associated with TBI, including secondary neoplasm or cognitive side effects, lessen the attractiveness of this

conditioning regimen despite its efficacy.^{6,7} Moreover, when considering longer follow-up periods, the late appearance of many severe TBI side effects could negatively influence long-term EFS in this group compared to the chemo-conditioning arm.⁸ An adequately designed prospective trial comparing TBI vs busulfan with a protocol-mandated TDM procedure, using a single or cross-validated PK-model with a well-defined target, is warranted to confirm or refute TBI superiority. Ideally, this future study should also be powered to identify patient subgroups benefiting from each conditioning regimen. For instance, our results suggest that the outcomes of patients <2 years of age are considerably better when busulfan exposure is within the optimal window (supplemental Figure 8) with a 3-year CIR of 39% in patients exposed above 73.3 mg.h/L compared to 83% in patients below that threshold.

Our current study focused only on busulfan-PK, whereas fludarabine, thiopeta, and serotherapy (anti-thymocyte globulin [ATG], or anti-T-lymphocyte globulin) were also given to patients during conditioning. Several studies, including from the FORUM trial, suggested that model-based dosing of serotherapy might result in improved relapse and GVHD rates.^{10,26-29} Thus, combined model-based dosing of serotherapy and busulfan may further improve HSCT outcomes in pediatric patients with ALL.³⁰

Fludarabine PK exposure has also been associated with HSCT outcomes.³¹ However, further studies are needed to determine whether targeted fludarabine dosing may impact HSCT outcomes in this context. Whether the combination of fludarabine, busulfan, and thiopeta is the optimal chemotherapy regimen for conditioning



in pediatric ALL also remains uncertain.⁷ Adding clofarabine to fludarabine and busulfan targeted to 85 to 95 mg.h/L yielded similar results to those achieved in the current study, with a 5-year EFS rate of around 64%,^{16,32} vs 63% (95% CI, 54-73) in optimally exposed patients from our cohort.

The main limitations of the current study are related to the heterogeneity of supportive care and postrelapse therapeutic options among centers which have been previously discussed.^{3,5} Our findings also reveal that busulfan administration and TDM

practices vary among centers. Despite the cross-validation of the analytical methods to ensure the quantification accuracy of individual busulfan plasma levels,¹⁹ dosing schedules, sampling schedules, number of monitored doses, PK exposure estimation, and subsequent dose calculations were not standardized. We attempted to mitigate this heterogeneity using our validated PopPK model for exposure estimation, which has previously demonstrated its predictive performance across varying sampling schedules.²¹ Still, the calculated exposure of patients with sparse sampling might be less accurate than those with multiple samples

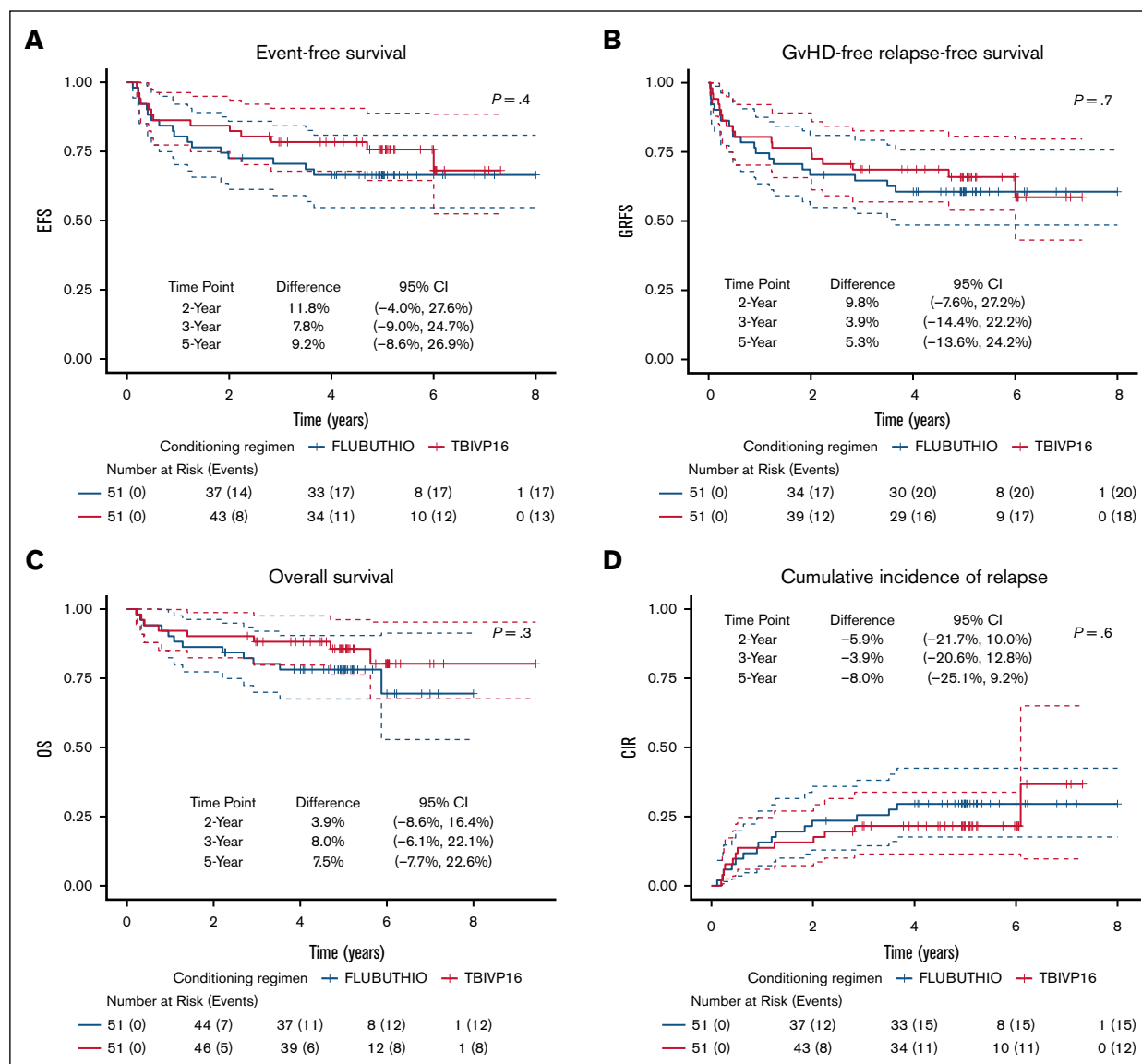


Figure 6. Comparison between TBI with optimal busulfan in the matched patient cohort. Survival differences at 2, 3, and 5 years are displayed on the plots. (A-C) A positive difference value indicates a higher survival with TBI, and a negative value indicates a higher survival with optimal busulfan. (D) Negative difference values indicate lower relapse incidence with TBI and vice-versa. FLU, fludarabine; THIO, thiopeta; VP16, etoposide.

across several doses. Importantly, our analysis revealed important interpatient differences in the dose adjustment following TDM suggesting that further studies would benefit from harmonized procedures (supplemental Figure 9). Another limitation was the lack of external validation of the optimal exposure window, due to a limited number of patients. Bootstrapping was applied to address this limitation by testing the consistency of HR estimates related to nonoptimal exposures. Finally, despite consistent reports of the predictive capacity of pre-HSCT minimal residual disease status on transplantation outcomes^{15,16} and consistently with previous FORUM study reports,³³ we observed no association between minimal residual disease and CIR in the busulfan group of the FORUM cohort and did therefore not include this parameter as covariate in our analyses nor the matching with TBI patients. In conclusion, our findings demonstrate that maintaining a cumulative

busulfan exposure within the defined optimal therapeutic cAUC window of 73.3 to 98.0 mg.h/L is efficacious and safe in pediatric patients with ALL receiving HSCT from a matched donor. Although overexposure increases the risk of TRTs, suboptimal exposure significantly elevates the risk of relapse. These results underscore the critical role of TDM busulfan dosing, to improve HSCT outcomes in pediatric ALL. Future prospective studies should adopt a unified PK-model for busulfan exposure to ensure reliable cross-study comparisons and further refine exposure targets.

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